

# FDNYCRA NEWSLETTER

April, 2025



## Medicare Part B Reimbursement

Attention Medicare Members:

The Medicare Part B Reimbursement will be direct deposited on APRIL 15TH 2025. The MEDICARE PART B REIMBURSEMENT IS \$2,096.40 FOR SINGLE AND \$4,192.80 PER COUPLE.

## GHI Update

Last year a major development happened through one of our fellow retirees from the NYPD. After much hard work, a contract was established between Emblem Health (GHI) and Conway Medical Group to become part of our healthcare plan. That turned out to be a major breakthrough for healthcare in the Myrtle Beach area. At this time, we now have access to over 400 providers through Conway Medical Group. But it has not helped with the distance that retirees in North Carolina have to travel.

I reached out to Novant Healthcare System. I found out that there have been attempts to have Emblem Health join Novant as a participator, but the attempts have not been successful. Over the last few weeks, I was able to connect with a rep from GHI who understood our problem. She has been quite helpful in starting a case to have Emblem Health GHI CBP accepted by Novant Health. The goal in this process is to see accessible healthcare within the state of North Carolina. Although it's in the beginning stages, I hope to have more news to share in the coming weeks.

Fraternally,  
Jerry Sillcocks  
Retired, FDNY

## Golf Outing

Any member who wants to volunteer any time can email us at [neverforget911golf@gmail.com](mailto:neverforget911golf@gmail.com). Or they can contact Dan Tompkins 845-494-2957 or on the CRA Facebook page.

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**NEVER FORGET**

**FD NY**

**MEMORIAL GOLF OUTING**

**Social Events**  
May 18  
Calli Baker's Firehouse & Grill  
May 19  
Calli Baker's Firehouse & Grill  
(Chief Rob & Charleston BBQ Crew)  
May 20  
Pine Lakes Golf Club Awards  
Banquet

**MONDAY & TUESDAY**  
**MAY 19 & 20**

**COURSES:**  
MYRTLEWOOD PALMETTO  
MYRTLEWOOD PINE HILLS  
PINE LAKES COUNTRY CLUB

- 2 ROUNDS OF GOLF
- SUNDAY COCKTAIL HOUR
- MONDAY NIGHT BBQ
- AWARDS BANQUET
- GIFT BAG
- GOLF SHIRT

To ensure you receive a Golf Shirt and avoid a price increase, registrations must be completed by April 21, 2025.

**SPONSORSHIPS**

Further support 911 first responders by becoming a sponsor. Send us an email for more information.  
[neverforget911golf@gmail.com](mailto:neverforget911golf@gmail.com)

We are an IRC 501(c) (3) Non-profit. Register now. Space is limited.  
[fdny911golf.org](http://fdny911golf.org)



### **CRA Pickle Ball**

A group of our members started a Pickleball social group. We have played several times already. We try to play at least twice a month. Currently we have 10 players of all different skill levels, and play a stressless non-competitive game, complete with typical firehouse banter and humor. All skill levels are welcomed. If interested please contact Bob Gus 910-368-9744

### **A little Humor**

"Two old ladies are standing together, smoking. It begins to rain, so one old lady pulls out a condom, snips off the tip, and puts it over her cigarette so she can smoke without her cigarette getting damp."

An elderly woman with a weathered face stands in the rain, holding a cigarette. Her gray hair is covered by a scarf, and her jacket is wet

"The other old lady thinks this is a nifty trick and asks her what she put over her cigarette. The lady replies that it is a condom and that you can buy them at a pharmacy. The second old lady thanks her and makes a note to pick one up when she gets her prescription filled later that week."

"Sure enough, a few days later, she enters the pharmacy, goes up to the young man working the counter, and says, 'Young man, I would like to buy a condom, please.' The young man is taken aback by her advanced age, and replies, 'Wow. Good for you! No one has ever asked me for help with that before.'"

A pharmacist in a blue shirt assists an older woman in a pharmacy. Shelves of medication are visible in the background

"So," the young man asks, "What size do you need?"

The old woman thinks for a moment, then replies, "I need one that will fit a camel."

**If anyone would like to put something of interest in our newsletter to benefit of our brothers, please let me know. Thanks**

### ***OUR NEXT MEETING IS***

***June 19, 2025 11AM***

***CALABASH FIRE DEPARTMENT***

***892 PERSIMMON RD, SW***

***CALABASH, NC 28467***